VISIT TO WOZA MOYA – JULY 2023

MBBS MEDICINE STUDENT

SUPPORTED BY QMUL EXPEDITION FUND
Introduction
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I visited Woza Moya between 24th and 28th July. The visit was arranged by Starfish Greathearts Foundation, a UK charity that raises money to help children impacted by HIV, AIDS and other aspects of illness or poverty in South Africa. Woza Moya is a local partner of Starfish and is based near Ixopo, Kwazulu Natal province in South Africa.

WOZA MOYA COMMUNITY DEVELOPMENT PROJECT
24-28 July 2023
Programme for James (Volunteer)

- Monday 24th July
  Introduction, Orientation and 2 home visits in Ufafa valley
- Tuesday 25th July
  Wellness day in one of the villages that we serve
- Wednesday 26th July
  A visit to outlying creches and later join Afterschool Programme
- Thursday 27th July
  A visit to self help group and gardening projects
- Friday 28th July
  Staff meeting and Reflections
BRIEF ORIENTATION

Site overview
BRIEF ORIENTATION

Arts centre
Library
BRIEF ORIENTATION

Early childhood development/creche
BRIEF ORIENTATION

Computer lab
BRIEF ORIENTATION

Kitchen
Activities by day
MONDAY

Orientation and home visits

Two home visits: home with sick older people, home with young disabled people
TUESDAY

Wellness day and visits with paralegal

Paralegal visits to:
- help get an undocumented child documented
- persuade a university applicant to stand up to family pressures and submit application
- obtain special shoe for young boy with a foot problem so he can walk to school

Primary school
WEDNESDAY

Visit to outlying creches and after-school programme

Outlying creches were very basic and with limited toys/books

After-school club
THURSDAY

Self-help group and gardening projects

Self-help group

Gardening

Glucose monitoring kits

Good-guys club
FRIDAY

Staff meeting, stress management, reflections
Use of QMUL expedition fund contribution
USE OF QMUL EXPEDITION FUND CONTRIBUTION

The QMUL expedition fund helped me to donate some basic items to help the local community. These included:

- blankets and pillows for an elderly woman who had suffered a stroke and was bed-bound
- glucose monitoring kits for the WM care givers to monitor diabetic symptoms in members of the community
- basic first aid equipment, including bandages, plasters and other dressings

The WM team were very appreciative for these donations and thanked QMUL via a social media post.
THANK YOU